

OCTOBER SOUP MENU

ALL OF OUR CO-OP MADE SOUPS ARE MADE FROM SCRATCH USING OUR FROM-SCRATCH STOCK, FRESH ORGANIC OR ALL-NATURAL INGREDIENTS.

YOU'LL TASTE THE DIFFERENCE!

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| 01 | POTATO FLORENTINE WF |
| 02 | SPINACH LENTIL V |
| 03 | CHICKEN MULLIGATAWNY |
| 04 | PERUVIAN QUINOA WF + V |
| 05 | CHEF'S CHOICE |
| 06 | GINGER CHICKEN NOODLE |
| 07 | SPINACH COCONUT WF + V |
| 08 | TOMATO PARMESAN WF |
| 09 | PUMPKIN MINESTRONE V |
| 10 | BROCCOLI CHEDDAR CHEESE WF |
| 11 | GOLDEN SPLIT PEA WF + V |
| 12 | CHEF'S CHOICE |
| 13 | GINGER CHICKEN NOODLE |
| 14 | RED LENTIL COCONUT CURRY WF + V |
| 15 | INDIAN VEGETABLE WF |
| 16 | MUSHROOM MISO WF + V |
| 17 | CHICKEN WILD RICE WF |
| 18 | SPINACH LENTIL V |
| 19 | CHEF'S CHOICE |
| 20 | GINGER CHICKEN NOODLE |
| 21 | SOUTHWEST CORN + POTATO CHOWDER WF + V |
| 22 | TOMATO PARMESAN WF |
| 23 | PUMPKIN MINESTRONE V |
| 24 | CHICKEN MULLIGATAWNY |
| 25 | PARSNIP WITH APPLE WF |
| 26 | CHEF'S CHOICE |
| 27 | GINGER CHICKEN NOODLE |
| 28 | GOLDEN SPLIT PEA WF + V |
| 29 | PERUVIAN QUINOA WF + V |
| 30 | CHICKEN WILD RICE WF |
| 31 | BROCCOLI CHEDDAR CHEESE WF |

MAMA'S VEGGIE CHILI SERVED DAILY

WF = WHEAT FREE | V = VEGAN



OUTPOST CO-OP

GOOD GROCERIES SINCE 1970

OUR SOUPS ARE MADE IN A FACILITY THAT ALSO PROCESSES MILK, EGGS, TREE NUTS, PEANUTS, CORN & WHEAT. WHILE WE ADHERE TO GOOD SAFETY & CLEANLINESS PRACTICES THAT HELP TO ENSURE INGREDIENTS DO NOT CROSS-CONTAMINATE OTHER ITEMS, WE CANNOT GUARANTEE IT.